

# Starting Well Partnership Wyre Forest



## Volunteering

Could you be a volunteer? We have lots of volunteer opportunities throughout our team including Start for Life Peer Support, self-weigh clinics, promoting our services and much more! Contact us for more information.



## Nursery funding

Our school readiness team are able to help you with any questions and applications for nursery funding. Many families can receive support with funding. To find out more, contact us on: 07738 860812



Childcare  
**Choices**

## Well Child clinics and Self-weigh

Well Child Clinics run on:

- Mondays from 9:30-2:30 at Brookside Family Hub.
- Wednesday from 9:30-11:30 at Half Crown Wood Family Hub.

Self-weigh clinics run on:

- Wednesdays from 1-3 at Brookside Family Hub.
- Thursdays from 1-3 at Half Crown Wood Family Hub.

Please call to book.

## Healthy Start vitamins



**Are you pregnant or have children under the age of 4?**

You could get help to buy:  
Plain cow's milk  
Fresh, frozen or tinned fruit and vegetables  
Fresh, dried, and tinned pulses  
Infant formula milk  
You can also get free Healthy Start vitamins.

[www.healthystart.nhs.uk](http://www.healthystart.nhs.uk)  
@NHSHealthyStart



Apply here →

# Starting Well Wyre Forest Parenting and Community team

Groups for parents and carers  
Sept - Dec 2023



For more information, or to book your place please contact us....

Phone: 01905 520032

Email: [admin.wyreforest@barnardos.org.uk](mailto:admin.wyreforest@barnardos.org.uk)

Brookside Family Hub, Borrington Rd, Kidderminster  
DY10 3ED  
Phone: 01562 827207

Half Crown Wood Family Hub, Princess Way, Stourport,  
DY13 OEL  
Phone: 01299 877920

Provided by:




In partnership with:



Find us on Facebook...Starting Well Partnership Wyre Forest



SCAN ME

Autumn 2023	Monday	Tuesday	Wednesday	Thursday	Friday		
<b>Brookside Family Hub</b> Borrington Rd, Kidderminster, WORCS, DY10 3ED	<b>Well Child Clinic 9:30am-2:30pm</b> <i>call to book</i>	<b>Midwife Clinic</b> Appointments	<b>Midwife Clinic</b> <b>Self Weigh Clinic 1:00-3:00pm</b> <i>call to book</i>	<b>Midwife Clinic</b> Appointments	<b>Speech &amp; Language</b> Appointments 9am-3pm		
	<b>PEEP Drop in &amp; Play</b> 0-5 years 10am-11am	<b>Understanding your Child &amp; Teen</b> group for parents 5:00pm—7:00pm 25/9—4/12	<b>Breast Buddies</b> <b>Peer Support group</b> 10:00-11:30am	<b>Birth &amp; Beyond—</b> preparation for parenthood 9:30-11:30am	<b>HENRY: Right from the Start</b> (0-5 yrs) group for parents <b>FREE Creche places available</b> 12:15-2:45pm 4/10—29/11	<b>Time for Baby stay &amp; play</b> <i>Non-movers</i> 10-11am	<b>Little Bee's SEN stay &amp; play —</b> stay & play for children aged 0 to 5 years with additional needs 1:30-2:30pm
<b>Half Crown Wood Family Hub</b> Princess Way, Stourport-on-Severn, WORCS, DY13 0EL	<b>Speech &amp; Language</b> Appointments 9am-3pm Drop in to a <b>Talking Walk-in</b> session <b>2nd Monday of the month</b> 11:30am-12:30pm	<b>Parent Helpline</b> <b>9am-12pm</b> <b>Mondays</b> <b>07546 761387</b> <i>Information, advice, guidance and support for parents/carers with children and young people aged 0-19 years</i>	<b>Midwife Clinic</b> Appointments	<b>Midwife Clinic</b> Appointments	<b>Self Weigh Clinic 1:00-3:00pm</b> <i>Call to book</i>		
		 <p>IF YOU'RE AGED 11-19 YEARS YOU CAN TEXT THE NUMBER BELOW TO SPEAK TO A SCHOOL HEALTH NURSE FOR CONFIDENTIAL ADVICE AND SUPPORT ON A RANGE OF HEALTH AND WELLBEING ISSUES</p> <p>text: 07507331750</p>	<b>Well Child Clinic</b> 9:00am-11:30am <i>Call to book</i>	<b>Incredible Years: ASC</b> group for parents 10:00am-12:00pm 28/9—25/01/24	<b>PEEP Drop in &amp; Play</b> 0-5 years 1:00-2:00pm	<b>Meet the Midwife</b> <b>Opal Team</b> <i>First Friday of each month</i>	
<b>Community Groups &amp; Activities</b>	<b>Understanding your Child</b> group for parents Springfield Park Community Café, Springfield Lane, Kidderminster 12:15pm—2:15pm 25/9—4/12	<b>PEEP Drop in &amp; Play</b> 0-5 years 9:30-10:30am <b>Rainbows Day</b> Nursery, Stoney Lane, Kidderminster, DY10 2LX	<b>Understanding your Child: ASC</b> group for parents Kidderminster Health Centre 12:30-2:30pm 26/9—5/12	<b>Time for Me—MoodMaster</b> 9:30am-10:45am 20/9, 4/10, 18/10, 8/11 Stourport Medical Centre, Dunley Rd, Stourport-on-Severn, DY13 0AA	<b>Find us on Facebook...</b> <b>Starting Well Partnership—Wyre Forest</b>   <b>SCAN ME</b>		